

“An hour with **Haley Borden** flies by, but the results are amazing. Within a few sessions, you can see and feel the results of increased muscle toning and strength. Her ‘pilatecize” program uses the ball, bands and floor work to exercises all parts of the body while especially targeting core strength. The finale is a deep stretching routine that eases those tense and sore muscles caused by poor posture and everyday lifting. Haley customizes the workout for all levels and pre-conditions. She has a bubbly personality and clearly enjoys her work.” **Dr. Sherry Cooper**, Executive Vice-President, Global Economic Strategist, BMO Financial Group (Toronto), Harris Bank (Chicago) Chief Economist, BMO Nesbitt Burns, Harris Nesbitt

About Sherry ...



Dr. Sherry Cooper is global economic strategist and executive vice-president of Harris Bank (Chicago) and BMO Financial Group (Toronto). Sherry is in constant demand as a speaker and writer because of her ability to simplify and demystify the murky waters of economics and finance. The *Report on Business* magazine calls Sherry the megawatt celebrity economist. She leads a top-ranked economics team and has been repeatedly cited among the most influential women in Canada. Bloomberg News named Sherry the top GDP forecaster in the U.S. for 2002.

Dr. Cooper is a Phi Beta Kappa graduate of Goucher College. She has an M.A. and Ph.D. in economics from the University of Pittsburgh where she was awarded a Mellon Fellowship. Sherry was an economist at the Federal Reserve Board in Washington, D.C. and served as special assistant to Chairman Paul Volcker. Following five years at the Fed, she joined the Federal National Mortgage Association (Fannie Mae) as director of financial economics. Since 1983, she has been chief economist

Books ...

Résumé

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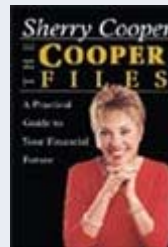
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Sherry is the author of two best-selling books, *The Cooper Files*, published in 1999 and *Ride the Wave*, published in 2001. In addition, Dr. Cooper gives more than two hundred speeches each year, and makes regular appearances on CNBC's Wake-up Call, Bloomberg TV, Bloomberg Radio, and Bloomberg News. She writes a bi-weekly column for the *National Post*, and is often quoted in the print media including the *Wall Street Journal*, the *New York Times*, *Business Week* and *Investors Business Daily*.

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